

**For Immediate Release**  
Monday, March 1, 2010

## State Retirees Gather for a Report on Their Pension System

**Baton Rouge** - Cindy Rougeou, Executive Director of the Louisiana State Employees' Retirement System (LASERS), will speak to the Alexandria chapter of the Retired State Employees Association (RSEA) on Thursday, March 4, 2010, 9:30 a.m. at the Community Center, 708 Main Street, Pineville, LA. Her appearance is part of an annual tour of RSEA chapters across the state. Several hundred retirees from the parishes of Allen, Beauregard, Catahoula, Concordia, Grant, LaSalle, Natchitoches, Rapides, Sabine and Vernon are expected to attend.

Among other topics, Ms. Rougeou will discuss issues affecting retirees during the upcoming 2010 regular legislative session, including a proposal to change the system for new employees from a defined benefit plan to a 401 (k)-styled defined contribution benefit plan. A brief question and answer period will follow Rougeou's presentation. She will be available for interviews before and after her remarks.

For more information, please contact LASERS Public Information Director Robyn Ekings at 225.925.7590 or via e-mail at [rekings@lasersonline.org](mailto:rekings@lasersonline.org).

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